

Grandparenting Help Guide



More and more grandparents are taking a bigger role in their grandkids' lives. Maybe you're shouldering some of the childcare responsibilities while both parents are working or to give a single mom or dad some relief. Maybe you've stepped in as the primary caretaker because the parents are unavailable or unable to care for their children. Or perhaps you simply want to strengthen the grandparent-grandchild connection so you can make the most of your time together. Whatever your situation, there are practical and emotional issues to consider as you build your relationship with your grandkids.

Learn about...



[Grandparenting Tips:](#) Tips on Building Great Relationships with your Grandkids



[Grandparents Raising Grandchildren:](#) The Rewards & Challenges of Parenting the Second Time Around



[Help for Grandparents Raising Grandchildren:](#) Legal, Financial, and Caregiving Support



[Caregiving Stress & Burnout:](#) Tips for Recharging and Finding Balance



[Finding Child Care:](#) Tips for Working Parents



[Attachment & Reactive Attachment Disorders:](#) Warning Signs, Symptoms, Treatment & Hope for Children with Insecure Attachment



[Separation Anxiety in Children:](#) Easing Separation Anxiety Disorder



[Children and Divorce:](#) Helping Kids Cope with Separation and Divorce



Child Abuse & Neglect: Recognizing and Preventing Child Abuse

To See these and more resources please go to: <http://helpguide.org> click on the Grandparenting section under Children and Family Topics.

Kin and Kids also has a Support Group that meets the 1st and 3 Thursday of every month at 612 Elizabeth Street, Utica, NY 13501. To speak with a Kin and Kids worker you can call (315) 272-2630.